

Checklist for the Goal Statement, Objective, and Intervention

Please read what you wrote and confidently be able to verify these areas are addressed.

- The **Goal Statement** is in the person's own words.
- The **Goal Statement** identifies what the member wants to achieve or what is the intended outcome. The statement must be in first-person language (or with identifying legal rep speaking on behalf of the person).
- The **Objective** is S.M.A.R.T. Specific, Measurable, Attainable, Relevant, Time-Bound (See training for details).
- Every **Objective** has interventions/written steps to lead to achievement.
- The **Intervention** can detail what the person can currently do (baseline/their contribution)/why this is important.
- The **Intervention** identifies what community or natural supports have been exhausted before CMH services requested.
- The **Intervention** identifies what and why service is needed to help achieve the outcome/goal.
- The **Intervention** identifies what services the person will self-direct.
- The **Intervention** identifies how often (hours, # of times per week/month) the person needs help/the service to have the best opportunity to achieve goals; the amount, scope, and duration of services (ie. authorization). This total should be reasonable to accomplish the intended outcome.
- The **Intervention** is detailed enough to be a "job description" or details the steps to give the person the best opportunity to learn/achieve their goal.
- The **Intervention** identifies how staff will document progress.
- The **Intervention** identifies the SC will review/document progress on goals.
- The **Intervention** identifies how the person's input about progress of the goal will be monitored and how changes will be made if needed.
- The sum of the **Interventions** should be consistent with the authorization.